





RAW VEGAN FRUIT TART

Serves 2

Ingredients

Crust

- > 55g hazelnuts
- > 55g dates
- > 20g oats

Filling

- > 100g cashews
- > 1 ripe large banana
- > 50g coconut cream

Favorite berries to garnish

❖ Method

- 1. In a food processor, process all the crust ingredients until well combined. Firmly press the mixture into the bottom of the tart tins
- To make the filling process in a food processor all the ingredients until thick and creamy
- 3. Spoon into the tart cases
- 4. Arrange your favorite berries on the top of tarts